

PhaeOptim™

NATURALLY SUPPORTS WEIGHT MANAGEMENT
AND HEALTHY LIFESTYLE EFFORTS



www.microphyt.eu



FROM WEIGHT LOSS TO HEALTHY WEIGHT MANAGEMENT

Today, modern **weight management goes beyond the scale number**. Calorie deprivation and extreme exercise are no longer considered effective approaches, and have even been proven to be detrimental for long-term health. Recent research highlights the significance of body composition, **metabolism and the maintenance of an active and healthy lifestyle** to reach a healthy weight.

BUT MAINTAINING A HEALTHY LIFESTYLE IS NOT SO EASY...

Shortness of breath, exercise-related pain, discouragement... Overweight people can find it difficult to return or adopt an active, healthy lifestyle. More and more consumers are looking for **natural, holistic approaches** to help them manage their weight, **with an emphasis on physical activity and general well-being** rather than strict weight-loss solutions that could be detrimental to their health.



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PhaeOptim™ is the only **sustainable, natural and clinically proven solution** that **enhances consumers' wellness journey** by **optimizing exercise and nutrition efforts**. It has shown to significantly improve **exercise capacity, cardiovascular health and bone damage prevention**.

PhaeOptim™ supports consumers' efforts towards a healthy lifestyle and healthy weight management.

PhaeOptim™ is a microalgae extract that is **sustainably produced** in France using an innovative and **patented hydro-biomimetic technology**.



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The only double-blind, randomized, placebo-controlled natural ingredient studied on women that:



CLINICAL
STUDY

- OPTIMIZE EXERCISE CAPACITY
- STRENGTHEN CARDIOVASCULAR FITNESS
- PREVENT EXERCISE-RELATED BONE DAMAGE

12-week clinical trial on 37 overweight women with a supervised exercise training, a diet intervention plan and 220mg/day of PhaeOptim™.

PhaeOptim™ creates a better exercise experience and maximizes the time spent exercising

2.5X
better VO2
max increase

10%
decrease
in basal heart rate

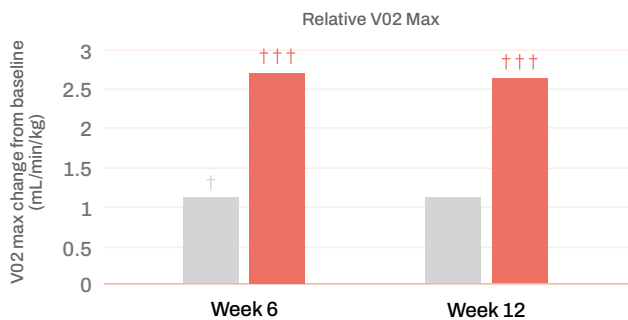
25X
more effective
to maintain
bone health

12X
more effective
to decrease
basal heart rate

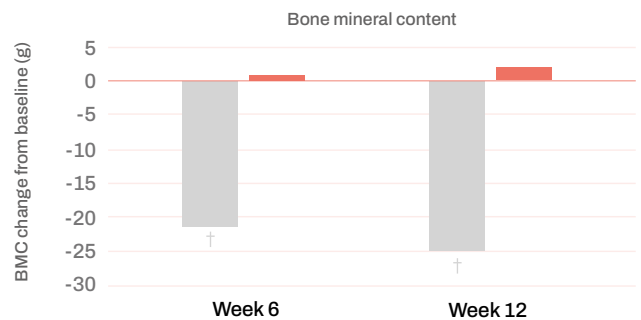
up to
50%
more fat
oxidized at rest



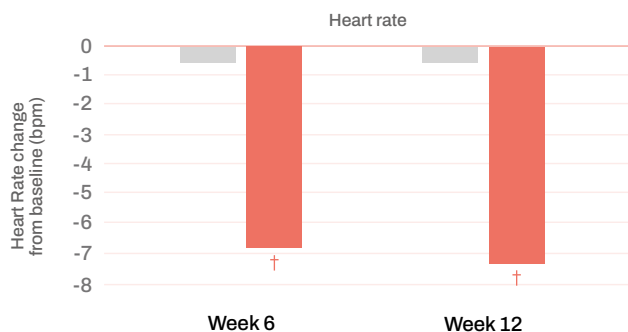
PhaeOptim™ helps to perform more easily in sporting activities and improves endurance by significantly increasing the VO2 max.



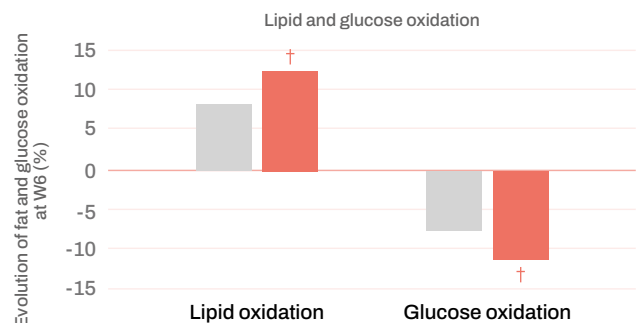
PhaeOptim™ prevents bone damage and bone loss when exercising by supporting bone mineral content.



PhaeOptim™ contributes to strengthen cardiovascular capacities and to reduce heart risks by lowering the resting heart rate.



PhaeOptim™ optimizes body's resources and exercise capacity by favoring lipid use for a given effort.



Legend: Placebo PhaeOptim™

Data is based on means and 95% confidence intervals. † indicates significant within groups difference at W6 or W12 compared to baseline (W0): † p<0.05 and ††† p<0.001.



MICROALGAE
EXTRACT

A unique, breakthrough composition:

- Composition patented
- Effective at only 220mg/day



SUSTAINABLE
PRODUCTION

A reliable and sustainable sourcing:

- Sustainable process & Patented technology
- State of the art large-scale production platform

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Clinically proven to support
healthy weight management, exercise capacity,
cardiovascular function and bone health

Proven to be effective at **220mg/day**

Patented composition and unique mode of action

NDI status from FDA

Non-GMO, Allergen-free

SUITABLE FOR



Softgels



Hardcaps



Tablets



Gummies



Oil-dropper

Sustainable sourcing and consistent supply

Exclusive **hydro-biomimetic** technology



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